

ABSTRACT OF THE DISCLOSURE

5 The invention encompasses a method of down-regulating a T cell-mediated immune response, through activation or T cell receptor (TCR) stimulation of antigen-primed T cells in the presence of alpha-melanocyte stimulating hormone (α -MSH), which may be optionally enhanced by adding transforming growth factor- β 2 (TGF- β 2) approximately 4-6 hours after the start of the primed T cells' exposure to α -MSH.

10 Activation of the primed T cells may be mediated by presentation of the specific antigen to the primed T cells, or by an anti-TCR antibody or a T cell mitogen. As a result of the α -MSH treatment modulating the T cell activation, antigen-specific, regulatory, CD4+/CD25+ T

15 cells are generated that produce transforming growth factor- β (TGF- β) and can non-specifically down-regulate Th1-mediated inflammatory activities. The method may be used to down-regulate or suppress an autoimmune condition or a graft rejection in a transplant patient. The

20 invention also encompasses a kit for generating regulatory T cell comprising a specific antigen, α -MSH, and optionally, TGF- β 2 and/or a T cell culture medium. Also provided are gene therapy treatments for suppressing an autoimmune or graft rejection response, or for re-

25 establishing autotolerance, by introducing genetic material (e.g. nucleic acid) for expressing α -MSH or a receptor-binding portion thereof, into a localized tissue site.